



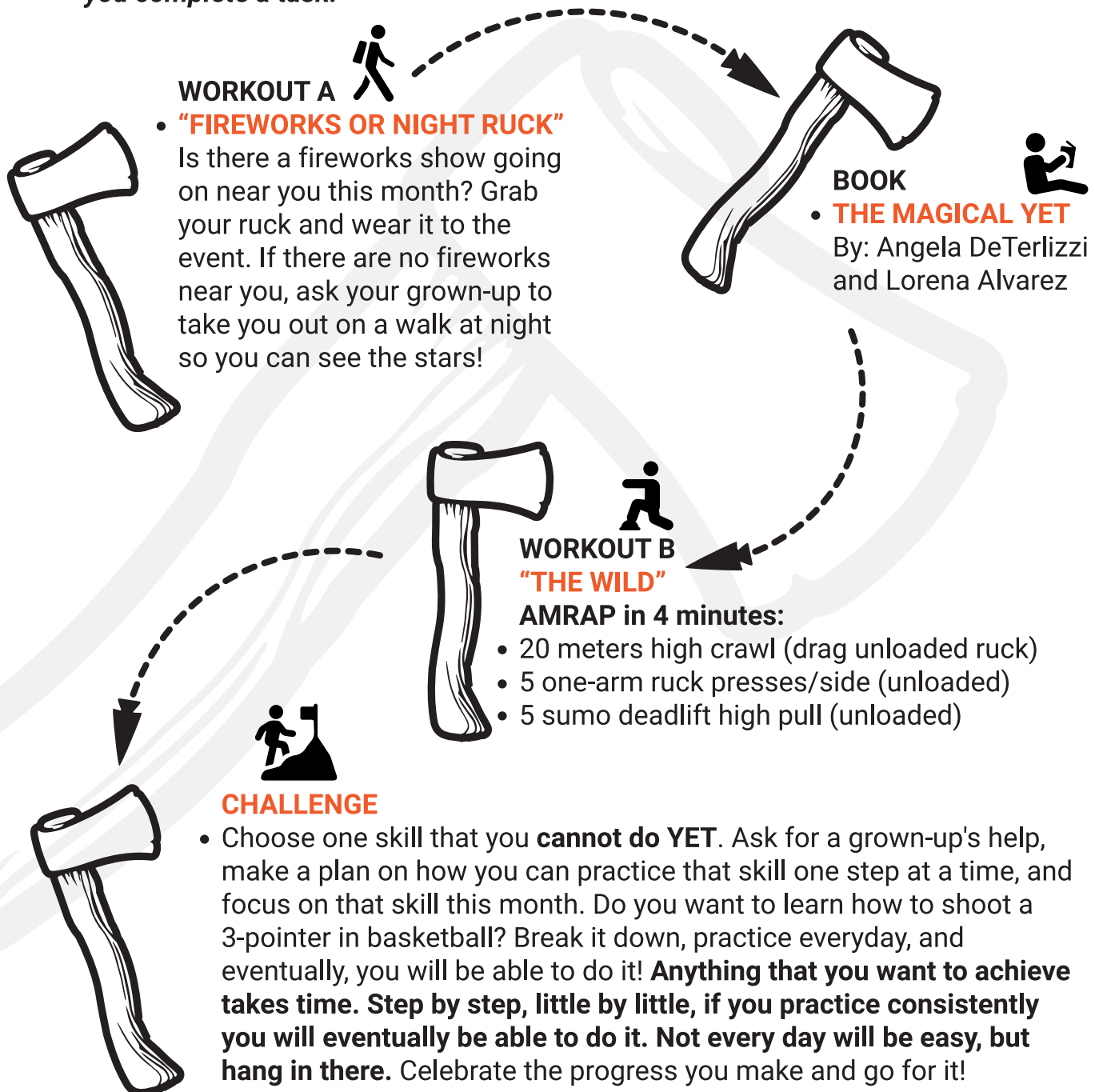
SEEK INDEPENDENCE

8^{AND}
UNDER

JULY 2022

"Anything that you want to achieve takes time. Step by step, little by little."

Color in the hatchet below when you complete a task.



**A and B can be done on separate days. End the workout when your child is no longer excited to be doing it. Keep it fun!*